

Health and safety instructions to enjoy a safe ski season

Basic measures

Update : December 17th 2020



If you have symptoms,
stay home.



LEVEL 3 - MEASURES IN FORCE

LEVEL 4 - MAXIMUM ALERT

Inter-regional travel	<p>Not recommended. Visitors should apply the instructions associated to their local region on their travels.</p>	<p>Not recommended. Visitors will be limited only to the practice of their sport while onsite.</p>
Base lodge and F&B	<p>Access will be limited according to the building size. Food services will operate following the sector specific measures. Face-coverings are required for every visitors 10 years old and +. ¹ Frequent cleaning and disinfection for all high-touch areas.</p>	<p>Base lodge used as a shelter for guests to warm up, with limited access time. Sanitary facilities remain accessible.</p>
Services (Ski shop, Rentals, Lockers)	<p>Access will be limited in order to respect the 2m physical distancing. Face-coverings are required for every visitors 10 years old and +. ² Equipments are disinfected after each use.</p>	<p>Rental and repair shop open. Ski shop closed. * Lockers closed.</p>
Lifts	<p>Visitors from the same household are encourage to ride the lift together. Respect the 2m physical distance in lift lines. Face-coverings are required (3 years old and +).³ No limited capacity use.</p>	<p>1 lift = 1 household 1 gondola = 1 household or 2 single visitors For single visitors, the 2m physical distancing will be applied for all lift types.</p>
Snow School	<p>Face-coverings, like neck warmers, are required for all skiers of 3 years old and +. Small and stable group are recommended.</p>	<p>Face-coverings, like neck warmers, are required for all skiers of 3 years old and +. Private and group lesson with a maximum of 8 persons, provided that the distance of 2 meters is respected.</p>
Federations, Competition Team and Sports-Études	<p>Refer to Ski Quebec Alpin and other Federations plans.</p>	<p>Training with a maximum of 8 people per group, in addition to a supervisor. No competition.</p>

¹ Bring a spare face-covering to access the lodge.

² <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/wearing-a-face-covering-in-public-settings-in-the-context-of-the-covid-19-pandemic/>

³ It can be a neck warmer, balaclava, neck gaiter or other accessories well adjusted that covers mouth and nose. This accessory should be made of 2 layers of fabric tight stitches and large enough to cover both the mouth and nose.

* From December 25th to January 10th 2021