

# Health and safety instructions to enjoy a safe ski season

## Basic measures

Update : January 6th 2021



If you have symptoms,  
stay home.



### LEVEL 4 - MAXIMUM ALERT

Inter-regional travel	<p><b>Not recommended.</b>  <b>Visitors will be limited only to the practice of their sport while onsite.</b>  <b>Skiers must plan in advance their travel time to be home before the 8pm curfew.</b></p>
Base lodge and F&B	<p><b>Access will be limited according to the building size.</b>  <b>Face-coverings are required for every visitors 10 years old and +. <sup>1</sup></b>  <b>Base lodge used as a shelter for guests to warm up, with limited access time.</b>  <b>Sanitary facilities remain accessible.</b>  <b>Frequent cleaning and disinfection for all high-touch areas.</b></p>
Services (Ski shop, Rentals, Lockers)	<p><b>Rental and repair shop open. Ski shop and lockers closed.</b>  <b>Access will be limited in order to respect the 2m physical distancing.</b>  <b>Face-coverings are required for every visitors 10 years old and +. <sup>2</sup></b>  <b>Equipments are disinfected after each use.</b></p>
Lifts	<p>Visitors from the same household are encourage to ride the lift together.                  Respect the 2m physical distance in lift lines.                  Face-coverings are required (3 years old and +).<sup>3</sup></p> <p>Precisions according to the type of ski lifts:                  For singles:                  Double, triple chairlifts and t-bars : Single occupancy                  Quad chairs : Occupancy = 2 (1 person seated at each end of the chair)                  Six seater chairs : Occupancy = 3 (1 person seated at each end + 1 person in the middle)                  Gondolas : Occupancy = 2 (1 person seated at each end)                  1 household per lift = regular capacity                  Surface lifts: Respect 2 meters physical distance</p>
Snow School	<p><b>CLOSED</b></p>
Federations, Competition Team and Sports-Études	<p><b>To confirm.</b></p>

<sup>1</sup> Bring a spare face-covering to access the lodge.

<sup>2</sup> <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/wearing-a-face-covering-in-public-settings-in-the-context-of-the-covid-19-pandemic/>

<sup>3</sup> It can be a neck warmer, balaclava, neck gaiter or other accessories well adjusted that covers mouth and nose. This accessory should be made of 2 layers of fabric tight stitches and large enough to cover both the mouth and nose.

